## **Turtle Times**

# Rosebery PRIMARY SCHOOL

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### A note from the Principal

### Year 3 Sleepover and Park

Our Year 3 Sleepover and excursion day was a huge success, most importantly the kids loved it  $\circ$ . A huge thankyou to all our parent helpers and teachers that made this happen.

### **Canteen Changes**

Over the next few weeks, we will be asking students, teachers and parents for feedback about the over-thecounter sale changes. We will keep you posted regarding the outcome.

### Student Led Showcase and Family BBQ

Teachers and students are busily preparing for the Student Showcase. The Student Led Showcase is opportunity to visit your child's class, hear about your child's learning goals and to have a look at their evidence of learning. The purpose of the conference is to see your child's evidence of learning and most importantly for your child to practice being a 'learner' and follow the cycle of goal setting and reflection.

Student Led Showcase will take place on Tuesday 17 **September (3.30pm-6.30pm).** No bookings are required however if you will be visiting more than one classroom, allow at least 15/20 minutes per classroom. We look forward to showcasing our learning and opening our doors.

Continued page 2.

### A note from the principal continued...

#### What will happen at the Student Led Showcase?

At a Student Led Showcase the student leads the meeting and will have their goals and evidence of learning to share with their parents. There may be four or five families in the classroom at the same time.

Parents can ask their child questions if they need encouragement. Questions like:

What did you learn when you did this?

Tell me about this \_\_\_\_?

If you did this again how could you improve?

What are you proud of?

Parents together with their child(ren) can visit classrooms at any time between 3.30-6.30pm.

Sausage sandwiches and drinks will be on sale in the undercover assembly area from 315-615pm! **We need help to run the sausage sizzle** as all teaching staff are involved in the conferences. Contact reception to put your name on the roster.

#### What if I want a one-on-one parent-teacher interview?

Some parents feel that the Student Led Showcase has not given them the opportunity to discuss their child's achievements, behaviour and social issues directly and privately with their teacher. Parents are asked to make an appointment for <u>another day</u> to discuss these issues directly with their teacher. Appointments for meetings with teachers can be made at any stage during the year.



### Step into it!!

It's important that students come to school in appropriate footwear. Thongs and Crocs do not provide enough support for students' feet and ankles when they participate in Physical Education or running around playing with their friends. All students are required to come to school in enclosed shoes.

#### Yawn !!!!

### What happens if my child doesn't get enough sleep?

A child who does not get enough healthy sleep may experience difficulties with concentration, memory, regulating their emotions, organising tasks and creative thinking. These children may be easily distracted, irritable, disruptive or generally hyperactive and restless. A lack of healthy sleep has been linked to mental health problems, poor growth, excessive weight gain, and reduced school performance.



Continued page 3.

#### How much sleep does a child need?

Pre-schoolers: - 3 to 5 years need 10 to 13 hours Primary School Age- 6 to 12 years need 9 to 11 hours

#### Good sleep habits

Have a regular sleep pattern. Your child should keep regular times for going to bed and waking up. These times should be the same or similar on weekends and holidays. The 24-hour body clock that controls sleepiness and wakefulness works best if there is a regular sleep routine.

Have a consistent pre-bedtime routine. This will help your child settle and prepare for sleep. It may include reading quietly, a warm bath or a warm milk drink. Avoid exercise or stimulating play in the hour before bedtime.

Limit access to electronic devices (including TV, smart-phones, tablets and computer games) and bright light exposure in the one to two hours prior to bedtime. Exposure to bright light or the LED light from electronic devices can reduce the evening levels of the sleep promoting hormone, melatonin, making it more difficult to fall asleep. Electronic devices should remain out of the bedroom where possible.

Ensure the sleeping environment is quiet, dark and comfortable. Children should sleep in their own bed. If a night light is required, a red light is preferred. If background sound is required, soothing, gentle music is preferred. The bedroom should be used for sleep only and not study or play if possible.

Daytime exercise and natural light exposure may improve sleep at night. Children who are inactive through the day and/or are not exposed to natural sunlight, particularly early in the morning, may have difficulty falling asleep at night.

Limit caffeine intake. Caffeine is a stimulant that prevents sleep. Caffeine is present in tea, coffee, chocolate, energy drinks and some soft drinks. Caffeine is best avoided in children and certainly should be avoided after midday to avoid interfering with sleep.

The State of Queensland 2024 (Queensland Health)

#### Safety before and after school and access during school hours

For safety reasons children are not to play in the assembly area, on play equipment and around the buildings out of school hours. The **school is unsupervised before 750am and after 240pm** on school days and so children are asked not to play on school grounds outside of these times. We expect that families who need to leave their child at school before 750am will access the Outside School Hours program. Parents and carers can enrol through this link: https://oshc.nt.ymca.org.au/families/

The Rosebery Primary School vision:

"Growing and learning together through curiosity, creativity and collaboration."

Danielle Banicek, Principal





Congratulations to our highest fundraisers.







### We raised \$8400

Thank you to everyone who participated in the fun and raised money for the school.



Winning Class fundraiser - 3/4 Baker













The fun celebrations of 'Dunking the teacher' by the highest fundraisers will take place in Term 4 at a date to be confirmed.

3/4 Baker students will have their pizza party in term 4 also.

The fundraising prizes have been ordered and will be distributed once they arrive.





### Value Award Recipients



YEAR	CLASS	RECIPIENTS
Tr	Pathak	Sophira Nicholls-Fitzgerald, Hazel Davis
Tr	Keitaanpaa	Aashray Shah, Rahim Mbira
1/2	Moir	Jarrisha Jones, Kehlani Tipungwuti
1/2	Sharp	Zara Harkness, Aiyana Collins-Thompson
1/2	Jaya/ Marsh	Agamjot Brar
3/4	Frazer/McIlwaine	Spencer Williams, Hunter Price, Braxton Edgword
3/4	Baker/Dona	Harley Burgess, Legend Mugadza, Ava Elsegood
5/6	Gray/Williams	Anthony Marshall, Max Sharp, Hunter Kerslake, Laynie Wosomo
5/6	Rahman/Suyeni	Jackson Hewitt, Harnoor Sandhu, Rudra Patel, Muhib Ali Baig

### **Principal Awards**



YEAR	CLASS	RECIPIENTS
1/2	Jaya/Marsh	Summer Hayes
3/4	Baker/Dona	Laquaiden Muscat, Thomas Woodbury, Mudasir Nadjamuddin
5/6	Rahman/ Yeni	Amelia Tun, Elyssa Puelo-Matos

### Dates to Remember Term 3



EVENT	DATE
BEAT WEEK	3-6 September
Whole School Assembly Host: Performing Arts	8:20am 13 September
Student Led Showcase + Family BBQ	17 September 3:30-6:30pm
Transition excursion to Wildlife Park	18 September
School Council Meeting	18 September 5:30pm
Last day of Term 3	Friday 20 Sept
Student free day	Monday 7 October
First Day of School	Tuesday 8 October



### Early Years Assembly Preschool to Year 2

Every Second Wednesday 8:20am Even Weeks

#### **Rugrats Playgroup**

Every Wednesday 9:00-10:30am



In Chemical Sciences (Material World), students are exploring the effect of heat on the three states of matter. They have viewed a dramatic video of shattering glass and constructed an explanation with their newfound knowledge. They then conducted a practical exploration of expanding and contracting gases, and used the expansion and contraction of liquids to explain how a non-digital thermometer works. We also did a science investigation with balloons, hot water, ice cold water and a bottle. We saw some interesting results. If you want to try, the instructions are over the page-but make sure you have an adult help.

# Class Spotlight— 5/6 Gray and Guse

### What we are learning in Science:









### What we are learning in Wellbeing:

Wellbeing lessons support Students to feel happier and less anxious, it will also help them to
have positive interactions with the rest of the
family, friends, and the world around them.

These lessons will be based around information
the students would like to investigate. This allows students to anonymously ask questions or
ask about topics and as a whole class we will
investigate.

Focuses:

Healthy Spelling Patterns

Healthy Eating Choices









### Class Spotlight— 5/6 Gray and Guse

Literacy Goals-

### Student Led Conferences



We are busy getting organized for our Student Led Conferences on Tuesday 17th September. Students will be able to share their learning with you. Students have set themselves reading goals and will be actively working towards these over the coming weeks.

Students will also share their strengths and areas if improvements



### **Landcare Incursion**

Students participated in an incursion provided by the team from Landcare. Louis and Richard from the Herbarium gave a presentation, demonstrated the use of microscopes and looking at plants and an outdoor leaf collecting exercise. Students found the visit educational and enjoyed looking at the various specimens through the microscopes.









### Class Spotlight—

5/6 Gray and Guse

### The Amazing Self-inflating Balloon!

### **Needs adult supervision**

### Instructions:

- I collect all materials
- 2— Stretch the balloon over the opening of the bottle
- 3- Predict what you think will happen
- 4-Watch as an adult places the bottle carefully into the bowl of hot water.
- 5-What happened?
- 6-Watch as an adult places the bottle carefully into the bowl of cold water.
- 7-What happened?

#### Materials Needed:

Balloon

Small plastic bottle

2x Glass bowls

Hot water

Ice cubes

Cold water



### Announcements



For bookings email: Rosebery.oshc@ynt.org.au





Wheels Day & superhero Dress up Day

Bring your wheels and cruise around our in house bike

Wear you best cape and super hero outfit and be prepared to conquer the world

Green \$77

Tuesday 24th September



Messy Music Bash Painting & Colour run

Come in your daggy clothes and be ready to have a groovy time with our messy music and paint bash and colour run

Amber \$77

Wednesday 25th September



Movies

Lets roll out with our OSC. friends and enjoy a movie on the big screen at event cinemas.

Movie to be advised. Permission form required Thursday 26th September



Disco

We like to Partv!!! DJ, Karaoke and your best dance moves.

Friday 27th September



Jumping castle

Wohoo its time to jump around, the jumping castle crew will be

Amber \$86

Amber \$104 Green \$86

YMCA Rosebery OSHC

Belyuen Rd, Rosebery Mandy Marsh OSHC Area Manager e: Roebery.oshc@ynt.org.au



#### Monday 30th September



Homemade Pizza making & movie

We can't wait to smell the aromas of our pizza's cooking while we get comfortable watching movies on the big screen.

#### Tuesday 1st October



Karaoke

This one is for all our super stars, its Karaoke time. Oshclings will sing to their hearts content, solo and together. Who will win the ultimate Drover OSHC Voice sing off.

#### Wednesday 2nd October



Wheels Day & remote-control car grand Prix

By popular demand its back, Bring your favorite wheels, including your remote-control cars today. Let's see who will take out the speediest handheld control car on our super track.

Green \$77

#### Thursday 3rd October



Marlow's Lagoon Sausage sizzle the famous hill slide

Be ready to burn off some energy at Marlow's Lagoon, adventure walks, playground, balls games and a sausage sizzle to fill those hungry bellies Permission form required

Friday 4th October



Crazy Craft & Hair Day

Get ready for some crazy fun with crazy craft and crazy hair. Let your imagination run wild

Green \$77 Green \$86

Amber \$86

Green \$77

YMCA Rosebery OSHC

Belyuen Rd, Rosebery Mandy Marsh OSHC Area manager p: 0458681565 e: rosebery.oshc@ynt.org.au







# Preschool 2025.

Now taking enrolments Please contact Reception for details.



We are now planning for the number of classes and teachers we will need for 2025.

Here is the survey link - <a href="https://forms.office.com/r/3dEPc0EKTK">https://forms.office.com/r/3dEPc0EKTK</a>

It is very important that every family informs us of their intentions and lets us know if they will be at Rosebery Primary School next year.

This information ensures we can create the right number of classes with the right number of students.

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